

Microvitology: New Dawn in Scientific Thinking

Dr. S.K. Verma

Professor & Head
Department of General Medicine
Pacific Medical College and Hospital
Bhilon Ka Bedla, Udaipur (Raj.) and
President, Society for Microvita Research
and Integrated Medicine (SMRIM), Udaipur (Raj.)

ABSTRACT

Spirituality is the science behind the matter and mind while microvita are the mysterious creative entities (Cosmic seeds) of life and matter in this Universe. The theory of microvita provides a unified field philosophy to explain the unanswered questions of science regarding origin of matter, life and evolution. Microvitology is the study of the science of Microvita; the emerging thinking about these cosmic creations.

KEYWORDS: Microvita, Cosmic mind, Unit mind, Virus

INTRODUCTION

Science is a specialized activity seeking to know the causal laws underlying natural phenomena. The knowledge which it seeks is always verifiable and eminently useful. Science in a broader sense is that which teaches the proper use of material things. It should be for service and beatitude and always be utilized for the proper progress of human society. Unfortunately, the modern science, despite its innumerable spectacular achievements, has not yet fathomed the mysteries of mind much less of consciousness. The reason is that science has an analytical (reductionist) view point and what is required is a synthetic (holistic) mental stance. Spirituality concerns the Supreme Cognitive Principle based on rationality. It is also a science in itself, far advance than physical science, more subtle, precise, practical and synthetic in nature.

In every scientific field, there is a search for unity within the diversity of observed phenomena. Physicists are trying to find a fundamental theory of matter and energy – a unified field theory. Biologists are searching for a unified theory of evolution. Spiritualists in their search are trying to experience the wholeness of single Universal entity. So, in every field, scientists and spiritualists are trying to invade the mysteries of this phenomenal Universe in order to get one final answer. In this search, the unanswered questions are the origin of matter, origin of life, origin of Universe and evolution. Physicists and biologists are working in this field to get answer of these enigmatic queries. In this diverse search of matter, mind, life and evolution, is there any scope of unifying concept which imbibes and explains all these questions and later on this concept can be proved by developed scientific methods? The answer is affirmative. The unifying concept is the theory of microvita. It is a new scientific concept introduced by P.R. Sarkar in 1986. It is perhaps the most unifying idea in physical and other branches of science which are existent and which are yet to come¹.

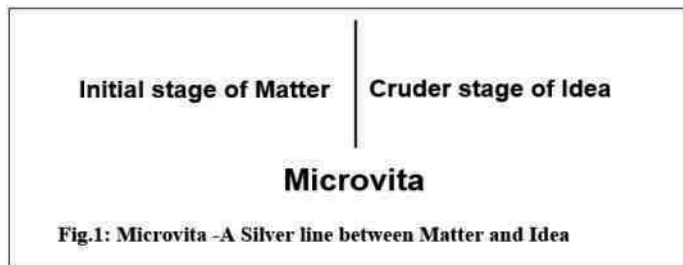
MICROVITA-A NEW CONCEPT

Microvita (*Micro* – Small, *Vita* – living) or in plural microvita as described by Sarkar are "the entities or objects which come within the realm of both physicality and psychic expression which are smaller or subtler than atoms, electrons or protons; and in the psychic realm may be subtler than ectoplasm or its extra-psychic coverage, endoplasm."¹

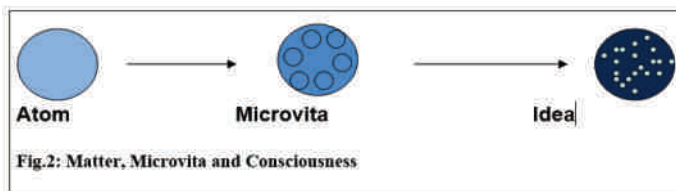
Address for Correspondence

Dr. S.K. Verma
drskverma77@gmail.com

Microvita are smaller than electron on physical level and smaller than ectoplasm (mind stuff) on psychic level but they are neither electron nor ectoplasm. They are in fact a sliver line between matter and mind (idea). If atom is the constituent of matter, idea is the constituent of Microvita (Fig. 1). In other words, if matter maintains a close proximity to microvita, microvita maintains a close proximity to idea. If atom is powdered down then one can get microvita, but if microvita could be powdered down by any means, one can get idea (Fig. 2). Thus microvita are link between matter and consciousness.²



As microvita are so small and subtle entity it is not going to be easy to demonstrate and prove their existence with the presently available scientific means. Therefore, we can think of microvita for the time being as a creative scientific hypothesis till we get verification of their existence scientifically or intuitively i.e. in both physical and mental laboratories.



DISEASES: VIRAL OR MICROVITAL³

With the advancement of science, the etiology and the cause of the disease has become more apparent. The invention of microscope has revolutionized the concept of bacterial diseases. The electron microscope has further paved to the concept of still more subtle entity, 'the viruses'. A group of diseases have now been classified under the category of "viral diseases" or "diseases of viral origin". The concept is so commonly prevalent that when etiology of the disease is not established by available methods of investigations, the virus has been incriminated as the causative agent. The numbers of such diseases are rising. It is possible that in near future we may be confronted with more dreadful viral diseases than the present killers such as AIDS, SARS, Dengue, Swine Flu, Chickunguniya, SARS-COV-2 etc.

In the ocean of so-called viral diseases, we are observing the tip of an iceberg. What we are observing is just a crude variety of so-called virus which can be observed under the electron microscope. The other subtler varieties may not at all be seen under microscope because they come within the scope of perception as a result of their actional vibrations or coming within the scope of a special type of perception which is actually the reflection of conception within the periphery of perception. The name virus has been given to only crude

variety which comes within the scope of a microscope. In this context, P.R.Sarkar, the propounder of the Microvita concept, has stressed that the term virus is not correct, the better term should be microvita, because virus-a Latin word meaning venom (not life) and Microvita (micro-small, vita-living), meaning smallest living entities. The word microvita is therefore, more appropriate for so called virus. The microvitalogists of the world should propagate this concept to the virologists' community of the world for better terminology and connotation.⁴ In fact; Sarkar has gone beyond the present prevailing thinking about virus. He says that when Microvita has been awakened, entered the cell and developed, one get a virus.⁵

BASIC CHARACTERISTICS OF MICROVITA

Microvita have all the characteristics of living entity, like, existence, multiplication, mobility and death. By nature, microvita is more energy than matter so it can travel and move through inferences. Microvita, being the minutest entity or object, therefore, it can't have structure that of an atom nor it can have its structural formula. They are the creation of cosmic mind. They are the mysterious emanations of cosmic factor. They are conducive in physical, psychic and spiritual evolution but not the original controller. They are created by cosmic mind which in turn is an evolutionary product of pure consciousness.

There are positive, negative and neutral microvita. If controlled by good people, microvita behave friendly, if controlled by bad people they are inimical to humanity. Even though, by nature some microvita are friendly and some enemies yet those microvita which are by nature enemies may also become friendly if controlled by good people. Therefore, company of good people, sentient thinking people and spiritually developed people enhances the positivity in physical and mental spheres. This is the inner secret of 'Satsang', the science behind the benefit of company of spiritually elevated people.

Structurally, positive microvita is pro-ectoplasmic that is more ectoplasmic than matter. Therefore, these positive microvita start functioning or working first in the mental level than filter down towards physical matter. They move freely in the physical and psychic world and touch the border of spiritual world but cannot cross the threshold of spiritual world. Negative microvita on the other hand is pro-materialistic, that is, it is more matter than mind (ectoplasm). These negative microvita, start functioning in matter first and then move towards the mind, towards ectoplasmic stuff and endoplasmic coverage. They move in the range of physicality and touch the arena of the psychic world but cannot cross the threshold of psychic world.

Microvita, whether positive or negative, will die a natural death after their natural life span. Microvita do not die under extreme conditions of temperature. At freezing temperature they will undergo contraction and hibernation and at boiling temperatures they will undergo expansion and hibernation. Therefore, it is not possible to kill microvita under extreme conditions of temperature. If it would have possible to kill microvita under these extreme temperature conditions, then some of the diseases now prevalent would have ceased to exist,

but this has not happened. Rather, diseases have become more complicated and life-threatening. As microvita are not affected by temperature and barometric conditions, they can go to any planet on which no other creature can go under normal conditions.

Influenza, a disease of negative microvita was not there on this earth before First World War. It is only during the First World War when the decaying bodies of dead soldiers attracted negative microvita from other stars, the influenza disease originated. Even now it is fatal to human beings in cold countries. Influenza has a natural duration of 4 days whether medicine is taken or not, it is the natural life span of causative microvita of Influenza.

The question arises that if negative microvita has natural life-span and dies a natural death, and cannot be killed by extremes of temperature or drugs, then how to end its life before it ends the life of human or animal beings? The answer is that in order to kill negative microvita before the end of their life span the number of positive microvita has to be increased in that living being. It is only by increasing the number of positive microvita; unnatural death of negative microvita is possible. It is important to know that when negative microvita or the disease causing microvita or the enemy microvita devour a positive microvita of a diseased person then that person dies.

CATEGORIES OF MICROVITA

Microvita have been categorized as per their density or subtlety or depending on nature of behaviour.

A) BASED ON DENSITY OR SUBTLETY

1. Crude variety

These are the microvita coming within the scope of perception but requires a highly developed microscope. The so called 'virus' come under this category which require a sophisticated electron microscope to perceive. However, virus is a vague term, better term will be microvita.

2. Subtle variety

This category of microvita are subtler and therefore, not coming within the scope of a perception but coming within the scope of perception as a result of their expression or actional vibration. Here the physical laboratory means will not be helpful but require a developed intuitional mind. As the subtle variety of microvita can move in psychic sphere which is a subtle region that exists in the mind; they can move from one mind to another and can carry ideas from one mind to another. A person who has a certain idea may be that idea was brought to that person's mind by a microvita from another mind. It is therefore, possible that an individual who can control microvita will be able to spread his ideas with the help of microvita to the society at large.

3. Subtler / Subtlest variety

These microvita are very subtler and therefore not coming within the scope of common perception but coming within the scope of a special type of perception which is actually

the reflection of conception within the periphery of perception. It is perceived or known by only persons with highly evolved, spiritually oriented conceptual minds.

These microvita exist at borderline between the psychic and spiritual space (psycho-spiritual microvita). They influence human mind in such a way that mind is attracted towards spirituality. These types of microvita have been called luminous bodies. In Indian traditional script, they are also called as siddhas (Devayoniis).

In short, crude variety of microvita have their field of activity in matter. They create a stir within the physical structure and involved in emanations of life throughout the cosmos. Subtle variety, on the other hand, functions within the world of perception through inferences like sound, touch, form, taste and smell. They directly function within the subtler realm of human mind.

B) BASED ON NATURE

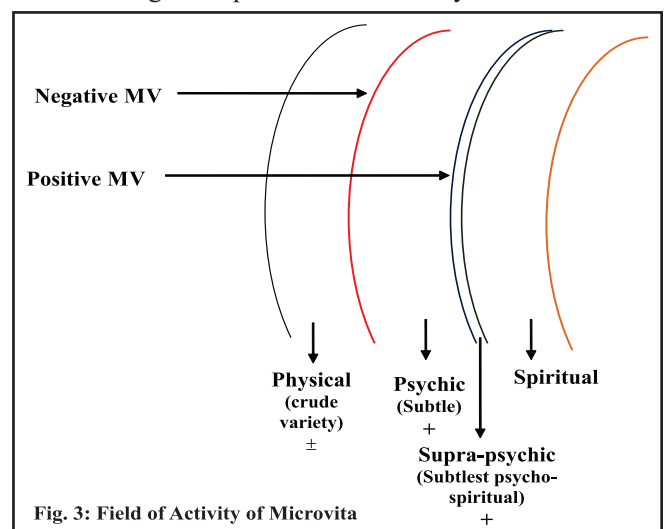
Microvita based on nature can be categorized into positive, negative and neutral or ordinary. As microvita are composed of both ectoplasm and matter, positive microvita are having more mind than matter while negative microvita are of more matter than mind.

1. Positive Microvita

They are pro-ectoplasmic meaning thereby, they are of more ectoplasm than matter. They start their functioning first in the mental level then filters down towards physical matter. They are beneficial to the human beings and help in their spiritual elevation. They move more freely in both the physical and psychic arenas and barely touch the border of spiritual world. But they cannot enter the spiritual world (fig. 3). They don't spread by natural means but by specially created waves.

2. Negative Microvita

These microvita are pro-materialistic, having more matter than mind (Ectoplasm). They start functioning in matter and moves toward the mind. They move only in the area of physicality and just touch on the psychic arena; but cannot enter the psychic world (Fig. 3). They are detrimental to human beings and spread on their own by natural forces.



Most of the viral diseases for example, AIDS, SARS, Dengue, Chickenguniya, Swine flu, bird flu, hepatitis etc. are the diseases caused by negative microvita and not by virus as thought of. Figure 4. Microvita in Health and Disease

Positive and negative microvita maintain a balance in this world. Whenever the collective strength of Negative microvita exceed Positive microvita, the world moves towards

degeneration. When positive microvita are in excess of negative microvita, a spiritual revolution occurs. At present, we are in the phase of degeneration. Only the collective strength of positive microvita can save us. (Fig.4) Sarkar emphasizes that “we are to invite positive microvita for our all-round progress and all-round elevation and to denounce the advancement of negative microvita because it is detrimental to the cause of sweet and beautiful Universe”.

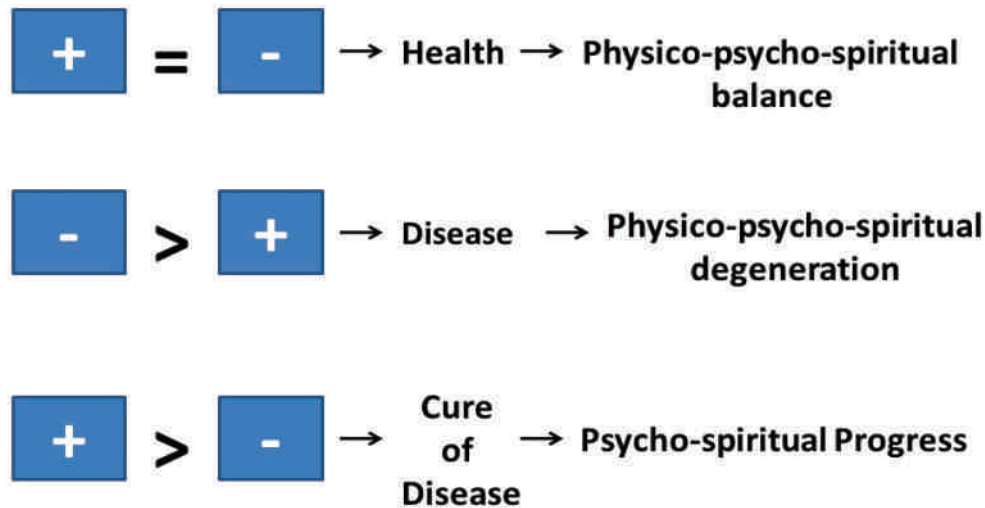


Figure 4: Microvita in Health and Disease

For that matter, to increase positive microvita, we have to chose strictly sanctified food (Sa`tvik A`ha`r), Good company (Satsang), Good books and literature (Sva`dhyaya), Good songs (Bhajan), and devotional chanting (Kiirtan). We have to tread the path of psycho-spirituality, to establish in codes and conduct of morality (sixteen points) and expand the arena of mental faculty by psycho-spiritual meditation (sa`dhana`)

MOVEMENT OF MICROVITA

Microvita have remarkable mobility. They move throughout the entire universe from one celestial body to another. They move everywhere, crossing the boundaries of nebulae, piercing through milky ways, galaxies, stars, satellites, planets and meteors, without caring for the atmospheric conditions like temperature and pressure. They move through a medium or media. They move through inferences (Tanma`tra`s) of smell, taste, visual forms, touch and sound. The most sublemicrovita move through the medium of idea.

PHYSICAL EFFECTS OF MICROVITA

There is feeling of uneasiness when a few negative microvita penetrate the human body. However, it doesn't take more than a few seconds for even an elephant to die, when millions of microvita enter the body. A few negative microvita, when enter the human body and mind will bring much change in the feelings but when millions of them enter, it becomes very difficult for anyone to survive. Ordinarily microvita become more active in the night when the human beings are asleep.

Negative microvita, primarily function in the lower energy

centers (cakra`s) and gradually rise upwards. Their influence is mostly felt in the pain and diseases of kidneys, abdomen and pelvic organs. They function very perceptibly in the reproductive and excretory organs.

Neutral microvita when enter the body will not result anything special. They may affect kidney, liver, abdomen and chest. However, when positive or friend microvita enter the body and mind, person has a comfortable feeling. But, entrance of positive microvita to the body only will not result anything special. It is to be noted that positive microvita are never spread through nature while negative microvita function on their own through nature.⁶

PSYCHOLOGICAL EFFECTS OF MICROVITA

Psychological impact of microvita occur due to their influence on plexii (glands and sub glands) and through them all the three types of propensities of the minds are affected viz. pro-physical, psychic and pro-spiritual propensities. All 50 propensities are affected by application of positive or negative microvita.

Positive microvita being pro-ectoplasmic, can move both towards a subtler existence or human spirit, and also towards the crude manifestations of human existence. Negative microvita, being pro-matter, can move only downwards towards physicality. The application of negative microvita on the human mind deranges the mind and cause many psychic ailments such as eccentricity, schizophrenia, mania, melancholia etc. These are the diseases of pure psychic derangements and laboratory investigations failed to find any

alteration in biochemical parameters to incriminate the cause of the disease.

TREATMENT OF MICROVITAL DISEASES

The presently prevalent microvita diseases, the so-called viral diseases, have in fact no specific treatment. They first affect the body resulting in extreme aches and pain and then affect the mind. The management is more or less symptomatic; in natural course they recover. The only way to kill these negative microvita before the end of their natural life span is to increase the number of positive microvita. The number of positive microvita can be increased by good thinking, good books, good songs, kiirtan (devotional chanting), performing spiritual meditation and by the company of spiritually elevated persons. There are many instances, when the disease has been cured by merely touch of a person. The science behind this is nothing but the application of positive microvita.

Dhya`n (deep meditation) attracts more positive microvita which when confronted with negative microvita, the positive microvita eat the negative microvita and the disease is thus cured. For example, if a person is suffering from viral hepatitis (jaundice), a disease caused by negative microvita and if dhya`n is practiced perfectly; the disease will be cured very quickly. In a nut shell, negative microvita, the disease causing microvita can only be controlled by positive microvita.¹

MICROVITA: THE CREATOR OF LIFE AND MATTER⁷

ORIGIN OF LIFE

Life is not explained scientifically. How it came into existence? The current theory tells that life evolves from carbon atoms and molecules. The carbon molecule is the basis of every protoplasmic structure. But as per the theory of microvita, the root cause of life is not the unicellular protozoic or unit protoplasmic cell nor carbon atoms or carbon molecules but this unit of microvita. If one considers microvita as the fundamental organizers of energy; then microvita also organize atoms and molecules into the smallest living structure which we call life. In fact, the carbon atom itself is constituted of millions of microvita. The theory of microvita can really throw light on the different facts of creation of matter and life. This is one area of research that unifies different areas of knowledge.

CREATION OF MATTER / ORIGIN OF UNIVERSE

ASCIENTIFIC VIEW

Scientifically, the question, how matter first came into existence still remain unanswered. The most popular theory was Big Bang theory suggesting that Universe was created out of nothing and came into existence like an explosion. However, it is not logical to think. How can something come out of nothing?

The recent experiment on 'Higgs-Boson' or 'God particle' is also not the right way. The term 'God' in 'God particle' is a vague and it is not wise and even meaningless to connect Him to only one thing specifically. In fact, they are virtual particles with a mean life time of 10^{-22} sec⁸.

A Spiritualist View

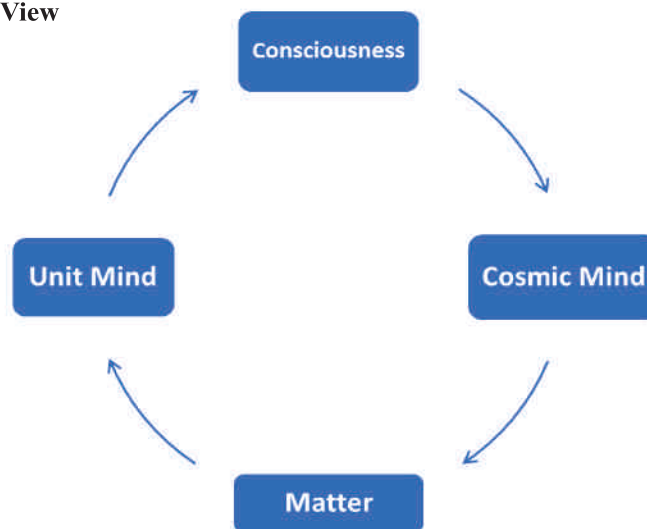


Figure 5: Cosmic Cycle of Creation

Science of spirituality designates Universe as a projection or transformation of Cosmic Consciousness. Consciousness using its creative power, transforms itself into Cosmic Mind, which in turn transforms part of itself into the physical world. It may come out as a burst or an explosion but has to come from something (Fig.5)

So, this is the contribution, spiritual philosophy can make to modern science, to show that you can't get something from nothing even if you are talking about the Origin of Universe. The most important thing of spiritual philosophy of cosmic cycle of creation is, that it shows, that matter comes out of consciousness (cosmic mind) and unit mind is evolved from matter. Microvita are the creation of cosmic mind and

instrumental in the creation of matter and mind^{7,9}

The theory of microvita therefore, throw light on the different unknown facts of creation of matter and life and because of their movement through the entire universe, they can spread life. This is how life has spread through the Universe and reached the earth. It is not by a random evolution of a primordial soup. It is the microvita, which are participating in organizing carbon molecules into living beings and spreading life everywhere. This is one area of research that unifies different areas of knowledge.

MICROVITA – FOR HUMAN WELFARE

The theory of microvita has immense potentialities in applying for human welfare. The field of chemistry, biochemistry, biology, commerce, pharmco-chemistry, biotechnology and pyro-technology will undergo a revolutionary change and they can be applied for betterment of living beings. What is required is extensive research in this field.

NEED OF RESEARCH

Sarkar in his first discourse on microvita suggested the need of research on microvita. He stated that “There should be extensive research work regarding this microvita or these microvita. Our task is gigantic and we are to start our research work regarding these microvita immediately without any further delay, otherwise many problems in modern society will not be solved in a nice way.”

CONCLUSION

Microvitology is the study of science of Microvita which are the minutest living beings, subtler than electron in physical realm and ectoplasm in psychic realm. Negative microvita are capable of causing diseases and positive microvita can cure the disease. It is the negative microvital diseases, which the

modern scientists call “the diseases of viral origin”. In fact, the term virus is a vague; the better term would be microvita. Microvita move through inferences, unbarred without caring for the atmospheric conditions, throughout the entire universe. By developing the power of conception by physico-psycho-spiritual meditation, the secrets of microvita may be unveiled. Urgent and extensive research in this direction is warranted in both mental and physical laboratories.

REFERENCES

1. Sarkar PR.1991. *Microvita in a Nutshell*. AMPS Publications, Tiljala, Calcutta, 1991
2. Rudreshananda Av. Microvita and the structure of electrons and photons. *Cosmic society*; 1992 1(5):24-25.
3. Verma, S.K. and Jain, V. Viral Diseases - Virus or Microvita? *Bull. Microvita Res.Integr*; 2010 *Med.* 2(3): 1-3
4. Verma SK. Viruses in the era of Microvita; *Bull. Microvita Res. Integr*; 2014 6(1): 5
5. Gauthier R. Microvita: Cosmic seeds of life. Mainz, Germany. 2010
6. Verma SK. Science, spirituality and microvita. *Bull. Microvita Res.Integr. Med.*; 2015 7(1): 2-7.
7. Gauthier R. Microvita- the cause of creation of matter and life. *Cosmic society*; 1992 1(6):36-38.
8. Weijerde H. Higgs Bosons and Microvita. *Bull. Microvita Res.Integr. Med*; 2012 4(2&3):8-9.
9. Towsey M, Ghista NJ. 1994. A science of Consciousness. *Cosmic society*; 1994 3(5):20-27.