

Publisher's Note

It is with great pride and a deep sense of purpose that Pacific Medical University presents this issue of Pacific Journal of Medical and Health Sciences to our readers, authors, reviewers, librarians and colleagues across India and throughout the world.



When this journal was established in 2017, it was founded on a conviction that remains as vital today as it was then: that high-quality medical research must not be the preserve of those with the means to access it. Knowledge that can save lives, improve clinical outcomes and shape the future of healthcare belongs to every physician, every researcher, every student and every curious mind that seeks it, regardless of where they are located or what resources they have at their disposal.

This conviction has guided every decision we have made as a publisher. It is why every issue of this journal is distributed free of charge to the libraries of medical colleges, Indian Institutes of Technology and Indian Institutes of Management across India. It is why every published article is made freely available online at www.medicaladvances.ac.in under the Creative Commons Attribution 4.0 International Licence. It is why we send a printed copy of every issue, by Registered Speed Post, to every contributing author, including those based internationally, at no cost to them whatsoever. And it is why we have never charged authors a single rupee in submission fees, processing charges or any other levy. All costs are borne entirely by us, as publisher, because we believe this is the right thing to do.

Over time, this journal has grown from a quarterly publication serving the medical community of Rajasthan into an international peer-reviewed platform reaching readers and authors across India and beyond. We have published landmark special issues on COVID-19, Platelets, Chrono-Nutrition and Trace Elements, and Diabetes, each representing our commitment to addressing the most significant health challenges of our time with the rigour and depth they deserve.

In keeping with our commitment to continuous improvement and international alignment, we wish to inform our authors, reviewers, readers and institutional partners of a forthcoming development in the governance structure of this journal. In pursuance of the recommendations of the Directory of Open Access Journals (DOAJ), the globally recognised authority on open-access publishing standards, and in alignment with the guidelines of the International Committee of Medical Journal Editors (ICMJE), the Editorial Board of this journal is scheduled to be formally reconstituted. This reconstitution has been undertaken with specific objectives: to ensure robust editorial independence, to broaden the geographical and institutional diversity of the Board's composition, to reduce institutional endogeneity in editorial

decision-making, and to align the journal's governance architecture with the internationally accepted standards that govern peer-reviewed academic publishing of the highest order.

It is our considered view that a journal of this standing, scope, and ambition must be governed by an Editorial Board whose composition reflects the breadth, diversity, and independence that the global academic community rightly expects. The reconstitution will bring to the Board more distinguished scholars, clinicians, and researchers from a wider spectrum of institutions, disciplines, and geographies, thereby strengthening the intellectual rigour, peer-review integrity, and international credibility of every issue that bears this journal's name.

I wish to place on record my sincere appreciation for the contributions of all current members of the Editorial Board. Their association with this journal, their support for its mission, and their commitment to the advancement of medical knowledge is acknowledged with deep respect and gratitude. The transition ahead is not a departure from the values that have guided this journal since its establishment in 2017. It is, rather, an affirmation of them, a recognition that the pursuit of excellence is a continuing journey, and that governance structures must evolve as journals grow in reach, reputation, and responsibility.

Of course, none of this would be possible without the scholars who entrust us with their research, the reviewers who give generously of their time and expertise, the editorial team whose dedication is unwavering, and the readers whose engagement gives this journal its purpose. To each of them, I express my profound and enduring gratitude.

We remain committed to upholding the highest standards of open-access publishing, editorial independence and publication ethics. We look forward to continuing this journey with you.



(Aman Agrawal)

Executive Director

On behalf of Pacific Medical University

Udaipur, Rajasthan, Bharat

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